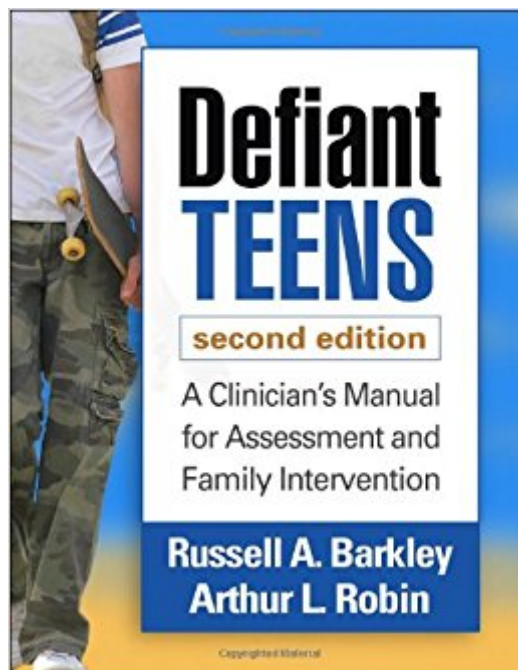




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# Defiant Teens, Second Edition: A Clinician's Manual For Assessment And Family Intervention



## Synopsis

This authoritative manual presents an accessible 18-step program widely used by clinicians working with challenging teens. Steps 1-9 comprise parent training strategies for managing a broad range of problem behaviors, including those linked to oppositional defiant disorder (ODD) and attention-deficit/hyperactivity disorder (ADHD). Steps 10-18 focus on teaching all family members to negotiate, communicate, and problem-solve more effectively, while facilitating adolescents' individuation and autonomy. Practical reproducible handouts and forms are included; the print book has a large-size format and lay-flat binding to facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. New to This Edition

- \*Incorporates 15 years of research advances and the authors' ongoing clinical experience.
- \*Fully updated model of the nature and causes of ODD.
- \*Revised assessment tools and recommendations.
- \*Reflects cultural changes, such as teens' growing technology use.

See also the authors' related parent guide, *Your Defiant Teen, Second Edition: 10 Steps to Resolve Conflict and Rebuild Your Relationship*, an ideal client recommendation. For a focus on younger children, see also Dr. Barkley's *Defiant Children, Third Edition* (for professionals) and *Your Defiant Child, Second Edition* (for parents).

## Book Information

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## Customer Reviews

Excellent book for parents too. I wish I would have read this book earlier when my teen were younger. I have ADHD boys and the information on interaction would have been very helpful. Best

take away advice was these teens have so much negative interaction in their lives, school, work, home, sports team etc. Everyone is critical of their behavior, no wonder some develop quite a chip on their shoulder. We are trying to adopt positive interaction in simple ways. For instance, behavior that is expected putting dish in sink, doing homework on time, obeying rules like curfew etc., thank them for complying it gives them positive interactions. Yes the behavior is expected, but these teens need positive reinforcement over and over.

Delivery and condition of product as expected.

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